

Pravidelné aktivity v Zámeckém kulturním centru

| | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | |
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| | | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 | 00 | 15 | 30 | 45 |
| pondělí | malý sál | | | | | Sluníčka Beáta Boháčová (9.00–9.45) | | | | | Žabičky Beáta Boháčová (10.00–11.00) | | | | | | | | | | | | | Taneční obor ZUŠ (13.50–19.30) | | | | | | | | | | | | Zumba Lucie Tryhuková (19.30–20.30) | | | | | | | | | | | | | | | | | |
| | herna | | | | | Hernička (9.00–11.30) | | | | | | | | | | | | | | | | | | | | | | | | Pěvecký sbor Rosalky Veronika Veškrnová (18.30–20.00) | | | | | | | | | | | | | | | | | | | | | | | |
| | klubovna | | | | | | | | | | | | | | | | | Práce s PC Klub seniorů (14.00–16.00) | | | | | | | | Montesorri Eva Rosendorfová (16.30–18.00) | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | velký sál | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| úterý | malý sál | | | | | | | | | Pohybové aktivity Klub seniorů (10.00–11.00) | | | | | | | | | | | | Sebeobrana Luboš Medo (15.00–16.45) | | | | | | | | Bolavá záda Lucie Šimová (17.30–18.30) | Pilates Eva Čechová (18.30–19.30) | Kondiční cvičení Sabina Kolčavová (19.30–20.30) | | | | | | | | | | | | | | | | | | | | | |
| | herna | | | | | Hernička (9.00–11.30, tvoření s rodiči) | | | | | | | | | | | | | | | | | | | | Pěv. sbor Rosalky Veronika Veškrnová (17.30–18.30) | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | klubovna | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | velký sál | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| středa | malý sál | | | | | Koťátka Lucie Šimová (9.00–9.45) | | | | Sluníčka II Lucie Šimová (10.00–10.45) | | | | | | | | | Trampolíny mládež SVC – Jana Příkrylová (14.00–15.00) | | | | | | | | Cvičíme v šátku Lucie Tryhuková (16.00–17.00) | Sebeobrana Luboš Medo (17.30–19.00) | | | | Zumba Lucie Tryhuková (19.00–20.00) | | | | | | | | | | | | | | | | | | | | | |
| | herna | | | | | Hernička (9.00–11.30, lichý týden tvoření s rodiči, sudý týden keramika) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | klubovna | | | | | | | | | | | | | | | | | Pěvecký sbor Klub seniorů (14.30–16.30) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | velký sál | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| čtvrtek | malý sál | | | | | Sluníčka Beáta Boháčová (9.00–9.45) | | | | Žabičky Beáta Boháčová (10.00–11.00) | | | | | Taneční obor ZUŠ (13.30–17.30) | | | | | | | | | | | | Powerjoga Lucie Šimová (18.30–19.30) | | | | Kondiční cvičení Sabina Kolčavová (19.30–20.30) | | | | | | | | | | | | | | | | | | | | | | |
| | herna | | | | | Hernička (9.00–11.30) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | klubovna | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Dílničky – Klub seniorů (sudý týden 17.00–18.30) | | | | | | | | | | | | | | | | | | | | | | | |
| | velký sál | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| pátek | malý sál | | | | | | | | | | | | | | | | | Zázemí pro koncerty ZUŠ (jen pátky 10. 2., 24. 2., 10. 3., 31. 3., 5. 5., 12. 5.) | | | | | | | | | | | | Zumba Lucie Tryhuková (19.00–20.00) | | | | | | | | | | | | | | | | | | | | | | | |
| | herna | | | | | Hernička – nosnice Rosicka (9.00–12.00) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | klubovna | | | | | | | | | | | | | | | | | Turisták (15.30–17.00) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | velký sál | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |